Treating Trauma with Animal Assisted Psychotherapy

www.equinepsychotherapy.net.au

International Animal Assisted Psychotherapy Training in Australia

Internationally acclaimed Author, Nancy Parish-Plass from Israel, joins Meg Kirby, Author, Mental Health Social Worker and Founder of The Equine Psychotherapy Institute, for a first of its kind International Training in Australia!

This training aims to advance the clinical practice of Psychotherapy with Children, by bringing together over 40 years of combined practice-wisdom of Nancy and Meg, alongside an in-depth understanding of trauma and contemporary neuroscience.

Nancy will introduce Animal Assisted Psychotherapy, discuss case studies, interventions and the neuroscience behind the effectiveness of the practice.

The Training will be facilitated inside and outside for optimal effectiveness of the practice.

Case studies, interventions and the neuroscience behind the practice will be a keynote speaker! Nancy will introduce Animal Assisted Psychotherapy, discuss case studies, interventions and the neuroscience behind the effectiveness of the practice.

Training Details

Date: 20-24 September 2019, 9am-5pm daily
Venue: The Equine Psychotherapy Institute, 459 Telegraph Rd, Mt Prospect, Victoria (near Daylesford and Ballarat)
Investment: $1,500 (plus GST)
Lunch and handouts included

This training has limited numbers and will sell out fast, so secure your place with a $500 deposit for this incredible International Training opportunity.

What will you learn?

- Understanding Trauma, PTSD and Complex/Developmental trauma
- Understanding the Psychological effects of Trauma in the Child
- Neurological effects of Trauma – understanding their Psychological Implications
- Therapeutic Goals and Process of Psychotherapy with Trauma
- Playing the Trauma – Psychodynamic Relational Therapy and Gestalt Therapy with children suffering from developmental trauma
- Barriers to Psychotherapy in Children with Trauma
- Overviewing the practice of Animal Assisted Psychotherapy (AAP) and Equine Assisted Psychotherapy (EAP)
- Advancing the Principles of Interpersonal Neurobiology with Animal Assisted Psychotherapy and Equine Assisted Psychotherapy
- Ethics of including animals, client and practitioner ethics, and, ethics as an intervention
- Rich Case Studies of AAP and EAP
- Clinical Practice discussion and Experiential Practice with Horses

Meet Your Trainers

Nancy Parish-Plass (M.A. Social Work) is a trained and experienced animal-assisted psychotherapist who has worked in welfare institutions for the past 18 years with children who have suffered from severe maltreatment. She also enjoys providing clinical supervision to AAP students and therapists.

Nancy has published articles, chapters and a book (Animal-Assisted Psychotherapy – Theory, Issues and Practice) on the subject of animal-assisted psychotherapy, as well as conducting academic research in the area.

She is founding and current chairperson of the Israeli Association of Animal-Assisted Psychotherapy (IAAAP) and member of the Human-Animal Bond Research Initiative (HABRI) Editorial Board.

Meg Kirby (M.A. Social Work, Dip Gestalt Therapy) is the founder of The Equine Psychotherapy Institute (EPI), is an Equine Assisted Psychotherapist, Trainer, Supervisor and Psychotherapist. She has worked in child, adolescent and family psychiatry for more than 20 years and as an educator, trainer and psychotherapist in private practice with children, adults, couples, families and organizations for the last decade.

Meg lives with her herd of 12 equine friends, husband and co-facilitator, Psychologist Noel Haarburger and two beautiful daughters in the Daylesford area, Victoria. She is passionate about animals, horses, psychotherapy, ethical practice and deep change processes. Meg has published a book, An Introduction to Equine Assisted Psychotherapy, and most recently contributed to founding the Australasian Association for Equine Assisted Psychotherapy and Equine Assisted Learning (AA-EAP-EAL), and is being supported and mentored by Nancy.

Register Now!
Email Meg Kirby for an application form: admin@equinepsychotherapy.net.au
Or call: 0425 371 729

During this training, join us for the launch of the Australasian Association for Equine Assisted Psychotherapy and Equine Assisted Learning (AA-EAP-EAL) on the 21st September, where Nancy will be a keynote speaker!
We are also super excited to announce that on Saturday 21st September, the Saturday evening during this International Training, there will be a launch of the Australasian Association for Equine Assisted Psychotherapy and Equine Assisted Learning (AA-EAP-EAL), with Nancy Parish-Plass as Keynote Speaker for the launch.

This is an association for trained and certified EAP/EFP and EAL/EFL practitioners, and we are inviting you to support and shape the association through your membership, expert advice and contribution. Practitioners trained across diverse models (e.g. EPI, Epona, Eagala, EEL, GEP etc) and, disciplines (e.g. social work, psychology, psychotherapy, counselling, nursing, occupational therapy) are welcome!

Please email to Register separately for the AA-EAP-EAL Launch Event

Let's meet, share and enjoy dinner and drinks together

Why AA-EAP-EAL?

AA-EAP-EAL was created for the four-fold purpose of:

1. Developing the standards for EAP and EAL professional practice across Australasia
2. Promoting EAP as a valid clinical modality
3. Promoting EAL as a valid psychoeducational and personal development modality
4. Advocating for welfare and wellbeing of horses in EAP and EAL

When: Saturday, 21st September 2019
Where: 459 Telegraph Rd, Mt Prospect, Victoria (near Ballarat & Daylesford)
Cost: $40 per person for dinner and drinks (Vegetarian/Vegan/Gluten-free catered)
Register: admin@equinepsychotherpy.net.au or 0425 371 729