

SELF PACED ONLINE FOUNDATION TRAINING APPLICATION FORM 2025

Why This Training is for You

Comprehensive Curriculum (PACFA reviewed postgrad equivalent)

6 x 1:1 Education Support Supervision Sessions

Internationally renowned Equine Studies Training

Student Community Forum for Peer Support & Growth

Watch EAT/EAL sessions, Listen to Inspirational Lectures

Change Lives Today!

Self-Paced Online Foundation Training Application

When: 40 weekly classes sent to your inbox – start date TBC

Where: Online

Time: Self-study 2 – 5 hours (approx.) each week

Payment: 3 x payments of AUD\$2,000 plus GST

(or 3 x payments of USD\$1,350* GBP£1,050* EUR€1,245* as at 12/7/24)

About: [Self-Paced Online Foundation Training](#)

Email us: admin@equinepsychotherapy.net.au

Contact Information

| | | | |
|---|---------------|--|------------------|
| Name: | | | |
| Address: | | | |
| | State: | | Postcode: |
| Mobile/Phone: | | | |
| Email: | | | |
| Age: | | | |
| Emergency Contact (Name and Mobile): | | | |

Learning Requirements

- a) Safe access to horses for practice and feedback throughout the training? **YES / NO**
- b) A reliable internet connection? **YES / NO**
- c) A laptop, tablet or PC to complete online training each week? **YES / NO**
- d) Basic skills in filming and uploading practice videos to YouTube to share (or a commitment to learning and practicing these skills prior to training commencement)? **YES / NO**

Training Commitments

- a) I understand that I will be invited to join the private Facebook group to interact with my student cohort for practice and peer support. **YES / NO**
- b) I understand that this training includes 6 x one-on-one Education Support and Supervision Sessions and will submit video practicals as required. **YES / NO**
- c) I am willing to form meaningful and safe relationships with select horses to practice EAL or EAP sessions with practice clients and film a session for feedback and skill development. **YES / NO**
- d) I am happy to commit to a minimum of 2 hours per week (up to 5 hours per week) to read, watch, practice, or film practice skills. **YES / NO**
- e) I am an independent learner and am a good fit for a self-paced and comprehensive learning program in EAP and EAL given my motivation, independence, and personal style. **YES / NO**

Self-Paced Training

Please list your experience of participation in self-paced training programs, and your ability to remain connected to a self-paced project or study.

Medical Conditions

Please indicate any relevant health conditions that you think would be useful for us to know throughout this online training.

Qualifications and Professional Work Experience

Please briefly list relevant areas of expertise and work skills, including areas of horsepersonship, counselling, psychotherapy/mental health, equine assisted psychotherapy/learning, coaching, etc.

If you are applying for the **EAP Training**, please supply proof of registration as a Mental Healthcare Professional (e.g. Registration/Membership with AASW, ACA, APA, AHPRA, APS, PACFA etc. or equivalent in your country / region)

Psychotherapist/Facilitator

Do you have experience as a Psychotherapist/Facilitator? If yes, please list.

Horses

Do you have any experience with horses?

(beginner, intermediate, advanced, understanding of horse psychology, experience in liberty, groundwork and ridden work – please be specific)

Objectives

What do you hope to achieve from completing this Practitioner Training?
(wants, goals, vision, etc.)

Interest

What has drawn you to this work with horses?

Background

Have you ever seen a Counsellor/Psychotherapist? If yes, what was your experience of the therapeutic process? How long, focus of work, usefulness?

Strengths and Talents

What do you see as your strengths/talents and underdeveloped areas/limitations both personally and professionally?

Self-Support

What self-support techniques can you use to keep yourself accountable and learning?

PLEASE NOTE: This training includes personal growth and development work, as it is a psychotherapy model and requires 'inside-out learning' to understand and apply.

Psychiatric History

Have you ever received a formal psychiatric diagnosis (if so, what was the diagnosis, when was it given and what treatment have you received)?

Trauma History

Please share anything about your trauma background that you feel is relevant for your participation in our training.

Other

Is there anything further you feel is important for us to know about you personally or professionally? *(Including unique/important experiences, feelings, wants, etc.)*

Payment

Payment for the course is per Module, as follows:

Module 1 Foundation Training \$2,000 (plus GST)

Module 2 Foundation Training \$2,000 (plus GST)

Module 3 Foundation Training \$2,000 (plus GST)

This includes 6 x (1:1) supervision sessions throughout the duration of the training (and within 12 months of the commencement of your training). You will be required to film and submit facilitation sessions for feedback during your 1:1 supervision sessions.

Payment of the course fee is required two to four weeks before the commencement of each Module. If students withdraw from the program after commencement, course fees will not be credited to future training. Fees are non-refundable.

Please sign below to indicate you have read and agree to the Payment and refund conditions.

| | |
|-------------------|--|
| Signature: | |
| Date: | |

Intellectual Property

Enrolment and participation in the program are conditional upon the student accepting and agreeing to the following:

Students do not intend to utilise any of the intellectual property provided, the EAAPI model or their position as a student for any reason, including (but not limited to) conducting their own training in Equine or Animal Assisted Psychotherapy/ Learning or Interventions, providing content to other training organisations or any other activity not explicitly authorised by the Equine and Animal Assisted Psychotherapy Institute.

| | |
|-------------------|--|
| Signature: | |
| Date: | |

Agreement and Signature

By submitting this application, I affirm that the facts set forth in it are true and complete, I understand and consent to the refund policy.

| | |
|------------------------|--|
| Name (printed): | |
| Signature: | |
| Date: | |

Required Texts

As a requirement to develop your practice, you will need to purchase the following four books (e.g. online bookstores such as Booktopia, Amazon, or other bookstores):

Required Reading:

1. Skills in Gestalt Counselling & Psychotherapy, Joyce & Sills (2018)
2. Equine Therapy Exposed, M Kirby (2021)
3. Horses, Love & Science: The 8 Commitments, M Kirby (2023)
4. Modern Horse Training, Volume One, A McLean (2022)

Recommended Reading (Not Compulsory):

1. An Introduction to Equine Assisted Psychotherapy, M Kirby (2016)
2. The Clinical Practise of Equine Assisted Therapy: Including Horses in Human Healthcare, L Hallberg (2017)
3. The Equine-Assisted therapy Workbook, Leif Hallberg (2017)
4. Equine Behavior: A Guide for Veterinarians and Equine Scientists, Paul McGreevy (2012)

Foundation Training Completion

This training is a 200-hour professional development, education, training and supervision package, and students should expect to complete 126 hours of directed learning, and 74 hours (minimum) of self-directed learning (reflecting, self-assessing, extended reading, extended reflection, journaling, assignments and integration papers extra practice supports that students complete in their own time and way, in order to integrate the course material).

Completion Requirements

- Completing all reading material, lecture material, watching demonstration sessions.
- Completing homework tasks which includes -
 - Practice sessions, practice skills, written components (for example journal) and integration papers
 - Attend all 6 ESS Sessions
 - Videoing demonstration EAL or EAP sessions, uploading, emailing and viewing with supervisor.
 - Filming I Thou horsepersonship skills - uploading, emailing and receiving feedback

Non-Completion - at the end of the course material if students have not completed all of the above, they will receive a certificate confirming their enrolment in the training instead of a certificate of completion

Personal Attributes of Equine Assisted Practitioners

Everyone brings their own personal attributes to their decisions and actions. These are internalised values and capacities that shape how we relate to others and to our environment, and may operate consciously or unconsciously. Our personal attributes are conveyed through our communication and behaviour in our relationships with clients and colleagues. It is beneficial to be aware of and examine our own personal attributes in order to support our ethical development. Many of the personal attributes considered important in counselling and psychotherapy have ethical components. As ethical virtues are enacted through particular behaviours, these virtues can be taught and practiced. At The Institute, the values and needed personal capacities include:

- Self-Awareness
- Other awareness – relational awareness and field awareness
- Kind and respectful communication
- Understanding the significance of Somatic Awareness
- Care for others
- Courage to take choiceful risks

Please share your reflections regarding these personal attributes and your commitment to developing these qualities during training and in the wider community. Please sign below to indicate your understanding and commitment to the development of these personal qualities in the context of the training.

| |
|--|
| |
|--|

| | |
|-------------------|--|
| Signature: | |
| Date: | |

Queries

For all queries contact The Equine and Animal Assisted Psychotherapy Institute at admin@equinepsychotherapy.net.au or phone 0437 882 600.

The content of your application will be considered with the utmost respect to your privacy. Thank you for completing this application form and your interest in The Equine and Animal Assisted Psychotherapy Institute.

Further Information

On confirmation of your placement in the training, you will receive a **Welcome Letter** which will include further information.